

## V. Kay Curtis, JD

Kay Curtis is certified to teach two of Defend University's self-defense classes designed just for women:



*Fight Like A Girl & Girls On Guard.*

The resistance techniques in both classes empower women to take control of their own personal safety when the unthinkable happens.

She is also certified to teach NRA's *Refuse To Be A Victim*®. This crime prevention seminar is ideal for groups looking for strategies to increase awareness of potential dangers in a variety of common situations, & effectively avoid them.

Kay and her husband Bob team teach how to safely handle and use handguns to defend innocent life from lethal attack.

Kay has been a corporate legal counsel and investment advisor in Kansas City and Overland Park. Now she works full time to give good guys and gals a fighting chance against bad guys.

### Fight Like A Girl

How to defend against sexual assault by strangers.  
Designed for average non-martial artist females.

### Girls On Guard

How to defend against date or acquaintance rape.  
Ideal for high school and college students.

### Classes are:

\$65 ~ 3-hours long ~ 8 to 16 students

For Women Only ~ From Teens to Seniors

Taught by instructors, not by other students

Hands-on physical contact against attacker

A meaningful benefit for your female staff

For businesses, churches, schools, clubs, families

Quite Empowering!

### Call Kay at (913) 492-7264

to schedule a class for women you care about.

Don't have 8 or more to take the class?  
Then add your name(s) to the **waiting list** to be notified when a *freestanding group* is scheduled.

## EQUALIZER LLC

(913) 492-7264  
kay@equalizerllc.com  
equalizerllc.com

## WOMEN'S SELF-DEFENSE



*Preventing Victims.  
Empowering Women.  
Securing Assets.*

One analysis of 3,000 actual assaults shows that *half of the attackers fled* from a woman who is willing to resist!

Good to know, but *what do you do* with the other half? You

### LEARN HOW TO



equalizerllc.com  
(913) 492-7264

## *Preventing Victims. Empowering Women.*

**T**hink about all the women you know. Now, consider that one of every five of them will be attacked or raped in their lifetime. You don't need to be convinced that it's a rough world out there.

Because you have decided to take this first step in your own survival, you have already increased the odds in your favor -- **dramatically.**

Women who resist are twice as likely to escape injury as others. One analysis of 3,000 actual assaults shows that **half of the attackers fled from a woman who is willing to resist!** The key, however, is to learn how to effectively resist.

### *Beyond 'Common Sense' Self-Defense*



**Rape Escape is designed for the real world.**

This course is not the same old tired information you already know like "walk with confidence or don't go to the ATM late at night". Nor does it contain the ineffective advice like, "poke him in the eyes and run" or "just kick him where it counts".

Rape Escape has been designed to offer the best and most effective self-defense techniques for the average woman in realistic sexual assault situations. The average woman can reasonably expect to defend herself against the most common and probable attacks after learning and practicing the techniques presented.

Rape Escape discourages techniques like eye gouging or fighting that prompts or enables the bad guy to hit back. If you try to fight the guy like a man would, the guy is going to win. So that's why our motto is **Fight Like a Girl!**

*"I want to thank you for the wonderful class.*

*"I went home exhausted and feeling so much better knowing I knew so much more than I had a few hours earlier.*

*"All women and young girls should have this class. So I am sort of taking it upon myself to tell as many women as I can about your class."*

*"I love it. I got so much out of it. I came here thinking avoidance, avoidance avoidance. I thought it was going to be how to walk, how to make eye contact, how to carry your keys, but this taught us about 'you're in it up to here, now what are you going to do?'"*

*"I feel that if I had to use any of this, I could. No doubt about it."*

### **Private Groups & Businesses**

The Rape Escape program gives women the tools and knowledge to handle the most common sexual assault scenarios.

We offer management a chance to do something for employees that can make a difference in their daily lives, while helping the corporation to decrease its exposure to litigation that could arise from assaults and abductions that can happen on company property.



A private women's self defense program can be arranged just for your group or company. Your site or ours.

**Call Kay to arrange details!**

**EQUALIZER LLC**

(913) 492-7264  
kay@equalizerllc.com  
equalizerllc.com